



SEPTEMBER | 2018

Marian High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 LABOR DAY NO SCHOOL	4 Mini Corn Dogs 6 ea Baked beans 1 c Celery 4 pieces Fruit 1 c	5 Fried Chicken Leg 1ea Mashed Potatoes ½ c Corn 1 c Fruit 1 c	6 Bruno's 1 ea Salad 1 c c Fruitable 1 ea Fruit ½ c	7 Cheese quesadilla 1 ea Refried Beans ½ c Carrots 1 c Fruit ½ c
10 Cheeseburger 1 ea Tater tots 6 ea Green beans 1 c Fruit 1 c	11 Chicken Wrap 1 ea Lettuce/tomatoes ½ c Green peppers 1 c Fruit 1c	12 Spaghetti 4 oz Spinach salad ½ c Malibu Blend ½ c Garlic Toast 1 ea	13 Turkey and cheese sandwich 1 ea Broccoli 1 c Black bean Salsa ½ c Tostitos 1 ea Fruit 1 c	14 Stuffed Pizza 1 ea Salad 1 c Carrots 1 c Fruit 1 c
17 Chicken Patty Sandwich 1 ea Cucumbers 1 c Corn 1 c Fruit 1 c	18 Marco's Pizza 1 ea Celery 4 ea Fruitable 1 ea Fruit 1 ea	19 Chef Salad 1 c Veggies 1 c Turkey/ham 2 oz Fruit 1 c Breadstick 1 ea	20 General Tso Chicken 2 oz Rice ½ c Cauliflower 1 c Fruit 1 c	21 Baked Potato 1 ea Broccoli 1 c Cheese/sour cream 1 oz Fruitable 1 ea Fruit 1 c
24 Hot dog 1 ea Baked Beans 1 c Doritos 1 ea Fruit 1 c	25 Salisbury Steak 1 ea Mashed Potatoes ½ c Peas 1 c Fruit 1 c	26 Pizza ea Salad 1 c Carrots 1 c Fruit 1 c	27 Taco 1 ea Refried beans 1 c Lettuce/tomato ½ c Fruit 1 c	28 Bosco Sticks 2 ea Spinach salad 1 c Malibu Blend 1 c Fruitable 1 ea Fruit 1 c

News

**LOW FAT CHOCOLATE
OR WHITE MILK IS
SERVED DAILY WITH
LUNCH**

MILK ALONE \$.50

**USDA IS AN EQUAL
OPPORTUNITY
EMPLOYER**

**MENU SUBJECT TO
CHANGE WITHOUT
NOTICE**