



FEBRUARY | 2019

Marian

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28					1 Mac n Cheese ¾ c Salad 1 c Fruitable 1 ea Fruit ½ c
4 Cheeseburger 1 ea Tater tots 6 ea Green Beans 1 c Fruit 1 cz	5 Pizza 1 ea Carrots 1 c Spinach Salad 1 c Fruit 1 c	6 Gem Tso Chicken 2 oz Broccoli 1 c Rice 1/2 c Fruit 1 c	7 Hot Dog 1 ea Baked Beans ½ c Cauliflower 1 c Fruit 1 c	8 Baked Potato 1 ea Malibu Blend 1 c Fruitable 1 ea Fruit 1 c	
11 Chicken Patty 1 ea Broccoli 1 c Lettuce/tomato ½ c Fruit 1 c	12 Pizza 1 ea Carrots 1 c Salad 1 c Fruit 1 c	13 Chicken nuggets 2 oz Mashed potatoes ½ c Corn 1 c Fruit 1 c	14 Fajitas 1 ea Refried Beans 1 c Lettuce ¼ c Cheese/sour cream 1 oz Broccoli 1 c Fruit 1 c	15 Cheese Quesadilla 1 ea Broccoli 1 c Black Bean Salsa 1 c Tostitos 1 ea Fruit 1 c	
18 President's Day	19 Bruno's Pizza 1 ea Carrots 1 c Salad 1 c Fruit 1 c	20 Salisbury Steak 1 ea Potatoes ½ c Corn 1 c Fruit 1 c roll 1 ea	21 BBQ Pork Sandwich 1 ea Green Beans 1 c Cauliflower 1 c Fruit 1 c	22 Pasta Primavera ¾ c Spinach Salad 1 c Fruitable 1 ea Fruit 1 c Garlic Bread 1 ea	
25 Marco Pizza 1 ea Salad 1 c Carrots 1 c Fruit 1 c	26 Chicken n rice casserole 4 oz Broccoli 1 c roll 1 ea Fruit 1 c	27 Taco 1 ea Refried Beans ½ c Lettuce/tomato ½ c Cheese/sour cream 1 oz Fruit 1 c	28 Braut 1 ea Baked beans ½ ca Corn 1 c Fruit 1 ea	1	

News

Fat free chocolate or white milk served daily with each lunch

Menu subject to change without notice

Menu Ideas?
cwhitten@marianhs.org

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