



JANUARY | 2019

MARIAN

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

31	Enjoy	1	The	2	Time	3	With	4	Family
7	Mini corn dogs 6 ea Baked Beans ½ c Fruitable 1 ea Fruit 1 c	8	Stuffed Pizza 1 ea Carrots 1 c Salad 1 c Fruit 1 c	9	Salisbury Steak 1 ea Potoes ½ c Peas 1 c Fruit 1 c	10	Fajitas 1 ea Cheddar/sour cream 1 oz Lettuce ¼ c Pinto beans ½ c Fruit 1 c	11	Fish Sandwich 1 ea Broccoli 1 c Fruitable 1 ea Fruit 1 c
14	Bruno's Pizza 1 ea Spinach salad 1 c Carrots 1 c Fruit 1 c	15	Chicken quesadilla 1 ea Refried beans ½ c Cauliflower 1 c Fruit 1 c	16	Cheeseburger 1 ea Tater tots 6 ea Green beans 1 c Fruit 1 c	17	Spaghetti ½ c Salad 1 c Malibu blend 1c Fruit 1 c Roll 1 ea	18	Baked Potato 1 ea Broccoli 1 c Cheese /sour cream 1 oz Bread stick 1 ea Fruit 1 ea
21	No School	22	Tacos 1 ea Refried beans ½ c Lettuce/tomato ½ c Cheese/sour cream 1 oz Fruit 1 c	23	Pizza 1 ea Spinach Salad 1 c Carrots 1 c Fruit 1 c	24	Chef salad 1 ea Turkey/cheese 2 oz Veggies 1 c Fruit 1 c	25	Mac n cheese ¾ c Salad 1 c Fruitable 1 ea Fruit 1 c
28		29		30		31		1	

News

White or chocolate fat free milk served daily

Menus subject to change

Menu Idea?
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