



# MARCH | 2019

## MARIAN

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

25					1 Cheese Quesadilla 1 ea Mexican Rice ½ c Cauliflower 1 c Fruit 1 c
4 Pizza 1 ea Spinach 1 c Carrots 1 c Fruit 1 c	5 Turkey 2 oz Potatoes ½ c Peas 1 c Fruit 1 c Oreos 1 pkg	6 Fish Sticks 3 ea Green beans 1 c Fruitable 1 ea Fruit 1 c	7 Fajitas 1 ea Refried Beans ½ c Lettuce/tomato 1 c Fruit 1 c	8 Bosco 2 ea Broccoli 1 c Fruitable 1 ea Fruit 1 c	
11 Chef's Choice	12 Gen Tso 2 oz Rice ½ c Broccoli 1 c Fruit 1 c	13 Cheeseburger 1 ea Tater Tots 6 ea Veggies 1 c Fruit 1 c	14 Beef Nachos 2 oz Beans 1 c Lettuce/tomato 1 c Chips 1 ea Fruit 1 c	15 No School	
18 Chef's Choice c	19 Chicken nuggets 2 oz Potatoes ½ c Green Beans 1 c Fruit 1 c	20 Pizza 1 ea Spinach Salad 1 c Carrots 1 c Fruit 1 c	21 Sloppy Joes 1 ea Corn 1 c Malibu Blend 1 c Fruit 1 c	22 Ravioli 3 ea Broccoli 1 c Salad 1 c Fruit 1 c Roll 1 ea	
25 Chef's choice	26 Taco 1 ea Refried beans ½ c Lettuce/tomatoes 1 c Fruit 1 c	27 Salisbury steak 1 ea Potatoes ½ c Corn 1 c Fruit 1 c Roll 1 ea	28 Pancake on a stick 1 ea Fruitable 1 ea Tater tots 6 ea Fruit 1 c	29 Fish Sticks 3 ea Broccoli 1 c Green beans 1 c Fruit 1 c	

### News