MARCH | 2017

MARIAN

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Lasagna 1 ea Or Grill Cheese Malibu Blend 1 c +Salad 1 c Fruit 1 c Garlic Bread 1 ea	2 Cheeseburger 1ea Or Pizza 1 ea Baked Beans 1 c Tater Tots 6 ea Fruit 1 c	3 Baked Potato Bar 1ea Shrimp poppers 2 oz Broccoli 1 c Cheese/sour cream 1 oz Butter 1 ea Fruit 1 c Roll 1 ea
6 Chicken Quesadilla 1 ea Or Cheeseburger 1 ea Corn Salsa 1 c Tostitos 1 ea Green Peppers 1 c Fruit 1 c	7 Stuffed Pizza 1 ea Chicken Quesadilla 1 ea Salad 1 c Carrots 1 c Fruit 1 c	8 BBQ Pork Sandwich 1 ea Or Pizza 1 ea Cauliflower 1 c Green Beans 1 c Fruit 1 c	9 Gen Tso 2 oz Or BBQ Pork 1 ea Rice ½ c Broccoli 1 c Fruit 1 c	10 Fish Sandwich 1 ea Or Cheese Quesadilla 1 ea Salad 1 c Malibu Blend 1 c Fruit 1 c
13 Taco 1 ea Or Chef's Choice Refried Beans ½ c Lettuce/tomatoes ½ c Cheese/sour cream 1 oz Fruit 1 c	14 Marco's 1 ea Taco 1 ea Salad 1 c Carrots 1 c Fruit 1 c	15 Ham and Cheese on Pretzel Or Pizza 1 ea Green Beans 1 c Fruitable 1 ea Fruit 1 c	16 Chicken Shapes 3 ea Or Ham & Cheese 1 ea Mashed Potatoes ½ c Peas 1 c Roll 1 ea Fruit 1 c	17 OFF
20 Orange Chicken 2 oz Sloppy Joe 1 ea Rice ½ c Broccoli 1 c Fruit 1 c	21 Hot Dog 1 ea Or Orange Chicken 2 oz Baked Beans 1 c Tater Tots 6 ea Fruit 1 c	22 Chef Salad 1 ea Or hot dog 1 ea Cuc/ tomato ½ c Turkey 1 oz Cheese 1 oz Roll 1 ea	23 Upper Crust Pizza 1 ea Or Chef Salad Salad 1 c Carrots 1 c Fruit 1 c	24 Mac n Cheese 6 oz Or Fish Sandwich 1 ea Malibu Blend 1 c Fruitable 1 ea Fruit 1 c
27 Salisbury Steak 1 ea Chicken Shapes 3 ea Potatoes ½ c Corn ½ c Gravy 1 oz Fruit 1 c	28 Pizza 1 ea Or Salisbury Steak 1 ea Salad 1 c Carrots 1 c Fruit 1 c	29 Meatball Sub 1 ea Or Pizza 1 ea Cauliflower 1 c Green beans 1 c Fruit 1 c	30 Chicken Nachos 1 ea Or Meatball Sub 1 ea Black Beans 1 c Cheese/sour cream 1 oz Corn 1 c Fruit 1 ea	31 Cheese Quesadilla 1 ea Or Baked Potato 1 ea Broccoli 1 c Red beans and rice 1c Fruit 1 c

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