



NOVEMBER | 2017

MARIAN

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Taco 1 ea Or chicken shapes Refried beans 1 c Lettuce/tomatoes ½ c Fruit 1 c	2 Ham & cheese on Pretze; bread 1 ea Taco 1 ea Broccoli 1 c Fruitable 1 ea Fruit 1 c	3 CAREER DAY NO LUNCH
6 Fajitas 1 ea Or Chef's Choice refried beans 1 c cheese/sour cream lettuce/tomato ½ c fruit 1 c	7 Mini corn dogs 6 ea Or Fajitas 1 ea Malibu Blend 1 c Baked Beans 1 c Fruit 1 c	8 BBQ Pork sandwich 1 ea Or mini corn dogs 6 ea Tater tots 6 ea Green Beans 1 c Fruit 1 c	9 Marco's 1 ea Or BBQ Pork 1 ea Salad 1 c Carrots 1 c Fruit 1	10 Ravioli 3 ea Or Chef's Choice Peas 1 c Fruitable 1 ea Garlic Bread 1 ea Fruit 1 c
13 Chicken Patty 1 ea Or Chef's Choice corn 1 c Spinach Salad 1 c Fruit 1 c	14 Pizza 1 ea Or Chicken Patty Sandwich Carrots 1 c Cauliflower 1 c Fruit 1 c	15 Gen Tso 3 oz Or Pizza 1 ea Rice 1 c Broccoli 1 c Fruit 1 c	16 Turkey Sandwich 1 ea Or Chef's Choice Malibu Blend 1c Salad 1 c Fruit 1 c	17 Mac n cheese 6 oz Or Fish Sandwich 1 ea Fruitable 1 ea Green beans 1 c Fruit 1 c
20 Hot Turkey 1 ea Or Chef's Choice Mashed potatoes 1 c Peas 1 c Fruit 1 c	21 Bruno's 1 ea Or Cheeseburger 1 ea Salad 1 c Carrots 1 c Fruit 1 c	22 Off	23 Off	24 Off
27 Hot Dog 1 ea Cauliflower 1 c Baked Beans 1 c Fruit 1	29 Ham & cheese sandwich 1 Or Hot dog 1 ea Green Beans 1 c Black bean salsa ½ c Chips 1 ea Fruit 1 c	29 Chicken shapes 3 ea Ham & Cheese 1 ea Potatoes 1 c Corn 1 c Fruit 1 c	30 Stuffed Pizza 1 ea Chicken shapes Salad 1 c Carrots 1 c Fruit 1 c	

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