



OCTOBER | 2017

Marian

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Bruno's Pizza 1 ea Or Chef's choice Salad 1 c Carrots 1 c Fruit 1 c	3 Mini corn Dogs 6 ea Or Pizza 1 ea Baked Beans 1c Celery ½ c Fruit 1 c	4 Turkey and cheese sandwich 1 ea Or min corndogs 6 ea Cucumbers ½ c Malibu Blend 1 c Fruit 1 c	5 Chicken Nachos 2 oz Or Turkey & Cheese 1ea Refried Beans ½ c Lettuce/tomato ½ c Cheese/sour cream 2 oz Tostitos 1 ea Fruit 1 c	6 Ravioli 3 ea Chef's Choice Spinach Salad 1 c Tomatoes 3 ea Fruitable 1 ea. Fruit 1 c Roll 1 ea
9 Chicken Patty 1 ea Or Chef's choice Green Beans 1 c Cauliflower 1 c Fruit 1 c	10 Pizza 1 ea Or Chicken Patty 1 ea Salad 1 c Carrots 1 c Fruit 1 c	11 PSAT NO LUNCH	12 Ham & cheese on pretzel bread 1 ea Or Pizza 1 ea Malibu Blend 1c Fruitable 1 ea Fruit 1 c	13 Quesadilla 1 ea Or chef's choice Broccoli 1 c Red beans and rice 1 c Fruit 1 c
16 Fajitas 1 ea Or Chef's choice Refried beans 1 c Corn 1c Fruit 1 c	17 Gen Tso Chicken 2 oz Or Fajita Rice 1 c Cauliflower 1 c Fruit 1 c	18 Service Day NO LUNCH	19 Chicken Wrap 1 ea Or ham & cheese 1 ea Broccoli 1 c Lettuce/tomato 1 c Fruit 1 c	20 Mac n cheese 6 oz Or chef's choice Salad 1 c Fruitable 1 ea Fruit 1 c
23 Cheeseburger 1 ea Or Chef's choice Tater Tots 6 ea Green beans 1 c Fruit 1 c	24 Chicken Quesadilla 1 Cheeseburger 1 ea Black bean salsa 1 c Broccoli 1 c Chips 1 ea Fruit 1 c	25 Ham & Cheese sandwich 1 ea Or chicken quesadilla 1 Cauliflower 1 c Corn 1 c Fruit 1 c	26 Marco's Pizza 1 ea Or ham and cheese 1 ea Salad 1 c Carrots 1 c Fruit 1 c	27 FALL BREAK
30 Hot Dog 1 ea Or Chef's choice Baked Beans 1 c Cauliflower 1 c Fruit 1 c	31 Chicken Shapes 3 ea Or Hot dog 1 ea Potatoes ½ c Peas 1 c Fruit 1 c			

News

Low fat white or fat free chocolate milk served daily with lunch

Sub line open daily

Salad Bar open daily

Soup Daily

Have an idea for lunch? Let us know

Menu subject to change without notice