

AUGUST | 2019

Marian



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

29	30	31	1	2
5	6	7	8	9
12	13 Bruno's Pizza 1 ea Salad 1 c Cucumbers 1 c Fruit 1 c	14 Cheeseburger 1 ea Tater tots 6 ea Green beans 1 c Fruit 1 c	15 Chef salad 1 c Veggies 1 c Fruit 1 c Roll 1 ea	16 Bosco sticks 2 ea Broccoli 1 c Fruitable 1 ea Fruit 1 c
19 Chicken Patty 1 ea Cucumbers 1 c Corn 1 c Fruit 1 c	20 Ham & cheese on Pretzel 1 ea Salad 1 c cauliflower 1 c Fruit 1 c	21 Tacos 1 ea Refried beans ½ c Lettuce/tomatoes ½ c Fruit 1 c	22 Pizza 1 ea Spinach salad 1 c Carrots 1 c Fruit 1 c	23 Egg roll 1 ea Rice ½ c Broccoli 1 c
26 Corn dogs 6 ea Baked beans 1/2 c Celery ½ c Fruit 1 c	27 Marco's Pizza 1 ea Salad 1 c Carrots 1 c Fruit 1 c	28 Turkey wrap 1 ea Lettuce/tomato ½ c Cucumbers ½ c Fruit 1 c	29 Salisbury steak 1 ea Potatoes ½ c Peas 1 c Fruit 1 c	30 Cheese quesadilla 1 ea Black bean salsa 1 c Tostitos 1 ea Broccoli 1 c Fruit 1 c

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